



Pope Leo XIV

"Dear friends, today let us pray that the Church will always be a school of humility for everyone, a home where all are welcome, a place where rivalries are set aside and where Jesus still speaks to us and teaches us to imitate his own humility and freedom."



Dear Parents and Carers,

Black History Month started with a live virtual visit from author Alex Wharton. Year 3, 4 and 5 attended this session and had great fun doing some creative writing. We also started the month with a launch assembly, in which the children were reminded of the theme of this year's month – 'Standing Firm in Power and Pride.' Please support the children and the school in challenging racism and racist ideology, not this month but always. The whole-school have been set a homework task and will be completing work in History and PSHE lessons on this theme.

A reminder that Parent Consultation meetings are at the end of the month (21st and 23rd October) and information will be coming out about those imminently. Please try and book an appointment to see your child's class teacher. This year, we will also be giving you the opportunity to go into their classroom and have a look at their books and the work that they have completed, before and after your appointments.

Kind regards,

Mr McGill and Mrs Berry

Our Gospel Values

Creativity
 Courage
 Forgiveness
 Generosity
 Humility
 Joy
 Perseverance
 Stewardship

Executive Headteacher

Mrs Berry

Head of School

Mr McGill

SENCO

Mr Bentley

Our Classes

Rainbows Miss Aldous
 Mrs Iannelli

Celestial Mrs Thackeray
 Ms Abbott
 Mrs Durston

Class 3 Mr Grimwood
 Mrs Harvey
 Mrs Nwafor

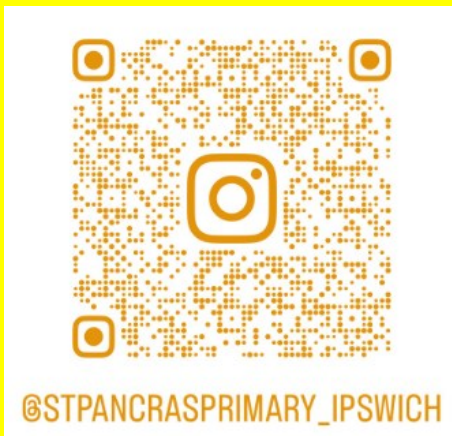
Class 4 Mrs Crowther
 Mrs Katkuniene

Class 5 Miss
 Pursehouse

Ms Borley

Class 6 Mrs Jones
 Mrs Smith
 Mrs Tella

Please follow our newly resurrected Instagram page. Content will be posted regularly to here and Facebook!



Learning behaviour of the week:

Wear school uniform correctly and proudly.

AUTUMN TERM DATES

Below are some key dates for the diary

16th October—Y4 Class Mass

16th October—Y6 pilgrimage to Walsingham

21st and 23rd October—Parent Consultation Meetings

22nd October—Y5 BT trip (half the class)

24th October—House Points prize 1—trip to the park

3rd November—INSET day

5th November - Open morning

6th November—Open afternoon

6th November—Y5/6 trip to Wolsey Theatre

6th November—Y3 Class Mass

7th November—Individual and sibling photos

7th November—Y5 Author visit

11th November—Y6 Whitton Remembrance service

11th November—Open morning

12th November—Open afternoon

13th November—Celestial Class Mass

27th November—Rainbows Class Mass

8th December—Nativity dress rehearsal to school

9th December—Nativity performance

10th December—Nativity performance

13th December—Christmas bazaar (11am –2pm)

19th December—House Points prize 2—Non-uniform day

WHAT HAVE YEAR 3 BEEN UP TO?

Year 3 have been very busy this term with lots of exciting learning across the curriculum. In Science, we have been exploring the different systems in our bodies, including the muscular, skeletal and nervous systems. The children have enjoyed discovering how these systems work together to help us move, grow and stay healthy.

In Maths, we have been focusing on place value, learning how understanding the value of digits can help us solve problems in addition and subtraction. The children have been practising using this knowledge in different contexts and are growing in confidence with their calculations.

Art lessons have taken us outside into the sunshine, where we have been sketching the plants in the front garden. Pupils have been developing their drawing and shading techniques to capture the details of leaves, stems and flowers. Meanwhile, in English, we have been reading and discussing descriptive narratives, learning how to use rich vocabulary and figurative language to bring our writing to life. We are now building up towards creating our very own descriptive stories.

In History, we have been travelling back in time to the Stone Age, investigating what life was like for early humans and exploring how Britain changed all the way through to the Bronze Age. Our RE lessons have focused on the creation story in Genesis, where we have been reflecting on what it means to be made in God's image and how this idea might influence our choices and the way we live our lives.



DIOCESAN MASS WITH YEAR 5

Last week, Mr McGill, Mrs Berry and Miss Pursehouse accompanied 15 children from Year 5 to the annual Children's Diocesan Mass. Children from all Catholic schools in the diocese of East Anglia were in attendance.

We travelled with St Mary's and St Mark's primary schools and sat next to them in the cathedral. Timothy and Ewa were selected to carry the school banner and paraded this with all other schools as part of the service.

All schools were also presented with a Jubilee candle, which was collected by Raivenne and now stands on the altar in school.

The children were all impeccably well-behaved and tremendous ambassadors of St Pancras. We look forward to attending with Year 5 again next year!



SPORT UPDATES

Upcoming competitions

Football competitions are coming up for:

U11 Girls (Y5 and Y6) on Thursday 9th October.

U11 Boys/mixed (Y5 and Y6) on Tuesday 21st October.

Details and team selection to follow!

Sporting events this week in the world

Congratulations to the Red Roses for winning the Women's World Cup!



If you feel inspired to try rugby, contact your local club!

Ipswich Rugby Club—Humber Doucy Lane

club@ipswichrugby.com

Ipswich YM Rugby Club— The Street Rushmere St Andrew

joinus@ipswichymrugby.co.uk

Junior Parkrun

Check out your local Junior Parkrun at 9am on Sunday morning. Local options include Christchurch Park, Kesgrave and Ravenswood Primary School.

STARS OF THE WEEK

Rainbows – [Maria](#) – for sharing lots of knowledge in class about family members, creating her own family tree-well done!

Celestial class – [Ethan](#) for his excellent learning behaviours. He has grown in confidence and is regularly answering questions and always trying his best.

Flora class – [Eironas](#) – for huge improvements in his focus and effort in class, keep it up!

Stars of the Week



Fauna class – [Marlee](#) for trying his best in all lessons especially computing this week, keep up the good work!

Ocean class – [Noel](#) – for demonstrating consistent learning behaviours in all lessons.

Mountain class – [Amelia](#) – for amazing geography work - you went above and beyond what I had asked of you - super star!

QUESTION OF THE WEEK

In order to encourage independent thought, critical thinking and the confidence to form opinions, we are going to be introducing a question of the week. This is a philosophical question aimed at the children, but one that has a wider context or meaning and would also be applicable to adults. We want the children to form their own opinions and not be shaped by those of others around them. In addition, we want to open their eyes to the current political and moral issues within the world around them.

Therefore, the question will be posed in Celebration Assembly every Friday and will feature here, but most importantly, it will not be answered by adults in school. Instead, we want children to arrive at their own conclusions and be confident in their own assertions, without influence or bias.

Question of the week:

- Is it more important to protect the environment or to make life easier for people?



ONLINE SAFETY

Social media guide

This is a fantastic guide from the Center for Countering Digital Hate (CCDH), it goes into lots of detail and I'm sure you will find it interesting and useful. The guide goes into areas such as:

How social media platforms and algorithms operate.

The various types of harms that children may experience.

Practical advice and guidance.

Supporting resources.

You can download the guide here: <https://counterhate.com/wp-content/uploads/2024/04/CCDH-2024-Parents-guide-FINAL-1.pdf>

Term Dates 2025-2026

Autumn Term 2025

Staff Professional Day - Monday 1st September

Staff Professional Day - Tuesday 2nd September

Term Commences - Wednesday 3rd September

Half Term - Monday 27th October to Friday 31st October

Staff Professional Day – Monday 3rd November

Term Ends - Friday 19th December

Spring Term 2026

Staff Professional Day - Monday 5th January

Term commences -Tuesday 6th January

Half Term - Monday 16th February to Friday 20th February

Term Ends - Friday 27th March

Summer Term 2026

Term commences - Tuesday 14th April

May Bank Holiday - Monday 4th May

Half Term - Monday 25th May to Friday 29th May

Term Ends - Friday 17th July

Staff Professional Day – Monday 20th July

LET'S PROTECT YOUNG PEOPLE FROM ONLINE RADICALISATION

■ Online Virtual Sessions for Parents and Carers

Young People are spending significant amounts of unsupervised time online which may increase their risks of susceptibility to grooming and exposure to extremist content.

Seeking to upskill parents and carers of young people who might be exposed to harmful online content, Norfolk Community Safety Partnership and Suffolk County Council are working in partnership with Small Steps to deliver four online sessions aiming to challenge Extreme Right-Wing (ERW) narratives.

The following topics will be covered:

- Understanding the factors that can make individuals more susceptible to extremist ideas
- How to support others and how to get help and make a Prevent Referral
- Understand how extremist groups often exploit digital platforms and the dangers
- What disinformation and misinformation are and highlight the dangers of both
- Highlight the benefits of real-life connections with people
- Signs of radicalisation, how to have difficult conversations and what to do if approached by an extremist online
- Critical thinking and build real-life resilience to extremism
- Connections between the Extreme Right-Wing and mixed ideologies such as the Incel movement and the manosphere
- Interactive gaming activities designed to explore and raise awareness of the methods used by extremists on virtual platforms

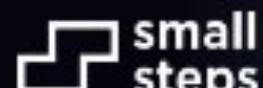


MON 6 October at 12.30 PM
THUR 16 October at 12.30 PM
WED 22 October at 5.30 PM
TUE 4 November at 12.30 PM

**CLICK HERE
TO REGISTER**

If you are worried that someone you know is being radicalised, please contact the Suffolk Customer First team at 0808 800 4005 or Norfolk County Council at 0344 800 8020. If urgent call 999.

You can also share your concerns and seek support and guidance by visiting the [ACT Early website](#), or contacting their support line on 0800 011 3764.



How Does School Attendance Affect a Child's Learning?

365 Days in a Year
190 School Days
175 Non School Days

Over half a term missed!

Having 90% over 5 school years, is half a school year's work missed!

