

Intimate Care Policy

ST PANCRAS



St Pancras Catholic Primary School

1. Policy Overview

This policy applies to everyone at St Pancras Catholic Primary School who is involved in the intimate care of pupils. It will be of particular relevance to staff working in the Early Years Foundation Stages where there may be pupils who are not fully toilet-trained. Staff working with other vulnerable groups of children and young people (such as those with special educational needs, medical needs and/or a disability) may also need to provide intimate care.

Intimate care is any care which involves washing, touching or carrying out a procedure (such as cleaning up a pupil after they have soiled themselves) to intimate personal areas. These are tasks which people usually carry out themselves but which some pupils will be unable to do because of their young age, physical disabilities or other special needs.

St Pancras Catholic Primary School recognises its statutory responsibility to safeguard and promote the welfare of its pupils and takes this duty very seriously. Meeting a pupil's intimate care needs is one aspect of this safeguarding responsibility.

St Pancras Catholic Primary School also recognises its duties under the Equality Act 2010 not to discriminate against, harass or victimise any pupil with a disability.

In most cases, intimate care will involve cleaning for hygiene purposes as part of a staff member's duty of care. In the case of a specific intimate procedure beyond this, only a suitably trained member of staff assessed as competent should undertake the procedure e.g. Personal Care Assistant.

2. Principles

- The pupil who requires intimate care will be treated with respect at all times. The pupil's welfare and dignity is of paramount importance and no pupil should be attended to in a way that causes distress, embarrassment or pain.
- The pupil will be supported to achieve the highest level of autonomy that is possible given their age and abilities. Staff will encourage each pupil to do as much for him/herself as he/she can. This may mean, for example, giving the pupil responsibility for washing themselves. Individual intimate care plans will be drawn up for particular children as appropriate to suit the circumstances of the pupil.
- Each child's right to privacy will be respected.
- St Pancras Catholic Primary School is committed to ensuring that all staff responsible for the intimate care of children will undertake their duties in a professional manner at all times.
- Staff will work in close partnership with parents/carers and other professionals to ensure the pupil's needs are being met and to provide continuity of care.
- Staff will have a high awareness of child protection issues.

3. Our Procedures

- The management of all children with intimate care needs will be carefully planned to the extent possible. For pupils with complex and/or long term medical conditions, St Pancras Catholic Primary School

expects an individual healthcare plan (IHP) to be put in place which can set out the intimate care required and detail how best to provide this, in consultation with the parents and the pupil.

- Staff who provide intimate care are trained to do so (including Child Protection and Health and Safety training in lifting and moving) and are fully aware of best practice. Staff will be supported to adapt their practice in relation to the needs of individual children taking into account developmental changes, such as the onset of puberty and menstruation.
- Wherever possible, staff who are involved in the intimate care of children/young people will not usually be involved with the delivery of sex education to the children/young people in their care as an additional safeguard to both staff and children/young people involved.
- There will be careful communication with each pupil who needs help with intimate care in line with their preferred means of communication (verbal, symbolic, etc.) to discuss their needs and preferences. The pupil should be aware of each procedure that is carried out and the reasons for it.
- Wherever possible, the same pupil will not be cared for by the same adult on a regular basis; ideally there will be a rota of carers known to the pupil who will take turns in providing care. This will ensure, as far as possible, that over-familiar relationships are discouraged from developing, whilst at the same time guarding against the care being carried out by a succession of completely different carers.
- Wherever possible, staff should only care intimately for an individual of the same sex. However, in certain circumstances this principle may need to be waived where failure to provide appropriate care would result in negligence, for example, female staff who need to support a boy pupil in the primary phase if no male members of staff are available.
- Intimate care arrangements will be discussed with parents/carers on a regular basis and recorded on the child's care plan where applicable. The needs and wishes of children and parents will be taken into account wherever possible within the constraints of staffing and equal opportunities legislation.
- Careful consideration will be given to each pupil's situation to determine how many carers might need to be present and having in mind the child's right to personal privacy. Where possible, one child will be catered for by one adult unless there is a sound reason for having more adults present. If this is the case, the reasons should be clearly documented.
- Where a formal plan is not in place, parents/carers will be informed if their child has needed help with intimate care needs (for example, wet or soiled him or herself). St Pancras Catholic Primary School staff will communicate this information confidentially in person, by telephone or by sealed letter.
- An accurate written record should be kept when a pupil requires assistance with intimate care setting out the time and date of the care, the care provided, who was present and any relevant observations regarding the pupil's behaviour. These records will be kept on the pupil's file.

4. The Protection of Children

- St Pancras Catholic Primary School Child Protection Policy and Procedures will be adhered to.
- All pupils will be taught personal safety skills carefully matched to their level of development and understanding. • If a member of staff has any concerns about physical changes in a child's presentation, e.g. marks, bruises, soreness etc. she/he will immediately report concerns to Ross McGill, the Designated Safeguarding Lead in school.
- If a pupil becomes distressed or unhappy about being cared for by a particular member of staff, the matter will be looked into and outcomes recorded. Parents/carers will be contacted at the earliest opportunity as part of this process in order to reach a resolution. Staffing schedules will be altered until the issue(s) are resolved so that the child's needs remain paramount. Further advice will be taken from outside agencies if necessary.
- If a child makes an allegation against a member of staff, all necessary procedures will be followed.

5. Additional Guidance on Intimate Care

The following advice/strategies are some suggestions as possible ways to actively promote inclusion and the welfare of pupils.

- Children Wearing Nappies

Discussions with parents will outline who will be responsible for changing the pupil. A regular dialogue will take place with parents and the class teacher.

Records will be kept of who changes a child, how often the task is carried out and the time they left/returned to the classroom following the task.

- Changing Facilities

At St Pancras Catholic Primary School children who have long-term incontinence will have access to specially adapted facilities. Members of staff are aware that the dignity and privacy of the child should be of paramount concern. The specialised areas are appropriate from a health and safety aspect and have all the required facilities needed.

- Equipment Provision

It is expected that parents will provide nappies, disposal bags, wipes, changing mat etc. and parents should be made aware of this responsibility. St Pancras Catholic Primary School will provide gloves, plastic aprons, a bin and liners to dispose of any waste.

- Health and Safety

Staff should always wear an apron and gloves when dealing with a child who is bleeding or soiled or when changing a soiled nappy. Any soiled waste should be placed in a polythene waste disposal bag, which can be sealed. This bag should then be placed in a bin (complete with a liner) which is specifically designated for the disposal of such waste. The bin should be emptied on a weekly basis and it can be collected as part of the usual refuse collection service as this waste is not classed as clinical waste. Staff should be aware of the St Pancras Catholic Primary School- Health and Safety Policy.

- Special Education Needs and Disability

Children with special educational needs and/or a disability have the same rights to safety and privacy when receiving intimate care. Additional vulnerabilities that may arise from a physical disability or learning difficulty must be considered with regard to individual teaching and care plans for each child. As with all arrangements for intimate care needs, agreements between the child those with parental responsibility and the organisation should be easily understood and recorded.

Regardless of age and ability, the views and/or emotional responses of children with special needs should be actively sought (with advocacy arrangements made for those who cannot) in regular reviews of these arrangements.

6. Complaints

Any concerns or complaints regarding this policy or its implementation should be brought to the attention of the St Pancras Catholic Primary School in accordance with the School's Complaints Procedure.