



Attendance: -

Attendance target:

Our school...

Happy Easter to you all! We hope you had a lovely time over the Easter period and managed to enjoy the glorious weather we have been having. We continue to think of you all during this time and all the staff are missing the children and we pray that you continue to stay safe and well.



World Book Day—5th March

I have been asked to write a little bit about how St Pancras celebrated World Book Day which seems so long ago now. This year, we spent time in our classes celebrating the wonderful world of books. Rainbows spent the day looking at 'The Very Hungry Caterpillar' by Eric Carle and did a range of activities linked to it: retelling the story with props; painting repeating pattern caterpillars, looking at the life cycle and making their own wiggly caterpillars. In the afternoon, Year 2 joined them to share stories. Year 2 also designed their own bookmarks after looking at some designs on the World Book day website, completed book word searches and writing book reviews for their favourite books.



Year 1 were invited to bring in their favourite books and share them with their friends. They also wrote about why they were their favourites. Year 6 completed a World Book Day bumper quiz testing their knowledge of authors and their favourite book characters. They also had great fun making a potato into their favourite book character! There was a range of characters including, Alice in Wonderland and Shrek and Fiona!



We also had an overwhelming response to the two competitions that we were running. One was to create a 'Book in a box' and the other was to 'Get caught reading' in an unusual place and send in a photograph. We had around thirty entries for the photograph competition but over a hundred 'Books in Boxes'! Every one had been lovingly created and were extremely imaginative. The staff were asked to judge their Top 10 in the hope that a winner would emerge. We found it incredibly difficult to pick our favourites but there were some from both Key Stages proved to be the most popular. There was no overall winner but we have decided that the ones with the most votes will get a prize. We will announce the winners for both competitions when we are back in school but we have to say a massive 'thank you' to all the children who entered, you made our job very tricky!



Our Gospel Values

Courage
Creativity
Forgiveness
Generosity
Humility
Joy
Perseverance
Stewardship



Executive Headteacher

Mrs Sandvig

Head of School

Miss Southgate

Our Classes

Rainbows Miss Aldous
Mrs Iannelli
Mrs Abbott

Class 1 Mrs Thackeray
Ms Borley

Class 2 Mrs Jones &
Mrs Smith
Mrs Tella

Class 3 Mrs Rafferty &
Mrs Silke-Cooper
Mrs Durston

Class 4 Ms Hughes
Mrs Tooke

Class 5 Mr Grimwood
Mrs Dowsing
Miss Tooke

Class 6 Mr McGill
Mrs Catalanotto

PE LINKS AND RESOURCES TO HELP KEEP CHILDREN ACTIVE AT HOME

We have put together a number of PE resources that will help your child keep active. After Easter many of the classes would have started striking and fielding games (Cricket and Rounders) and Athletics. We have included some links to Cricket (Chance to Shine) and Athletics, and we're sure many of our children will enjoy participating in the activities. We have also included links for Basketball skills (Ipswich Basketball Club), Gymnastics skills (Max Whitlock), Dance (Oti Mabuse- Movie Week), Fitness (Joe Wicks), Yoga (Cosmic Kids), daily active blasts and mindfulness (imoves/the movement), Sport England (Disney workouts) and Active Suffolk.

Please take a look at the PE information sheet, which is attached to this newsletter, which includes all the links.

We hope your child has fun and stays active !

ALDI—KIT FOR SCHOOLS

Due to the fantastic response, we managed to complete two large sticker charts. Although we didn't win the £20,000 we did receive two free kit bags full of sports equipment.

Equipment which will be extremely useful (see photograph)



DIARY DATES

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BLANK FOR THE TIMEBEING**

TERM DATES 2019-20

Spring Term

6th January -3rd April

Half-Term

17th—21st February

Easter Holiday

4th April-19th April

Summer term

20th April—17th July

Half Term

25th May—29th May

HIGHEST CLASS ATTENDANCE

On hold until we return!



We hope you are all continuing to look after yourselves at this very difficult time- we particularly remember our key workers and all those working for the NHS- you are all doing a fantastic job. Parents, thank you for all your support as you continue to support your children at home with their school work.

Administrative Officer
Mrs Cork

Administrative Assistant
Mrs Ransom

Business Manager
Mrs Pettit

Caretaker
Mr Scopes

Middy Supervisor
Mrs Mikus

DATES AND EVENTS

**THIS SPACE WILL BE LEFT BLANK FOR THE TIMEBEING.
ANY DATES THAT YOU NEED TO BE MADE AWARE OF WILL BE PARENT MAILED.**

Contact us: Stratford Road, Ipswich. IP1 6EF. Tel. 01473 742074 admin@st-pancras.suffolk.sch.uk

Visit our website for more updates- www.stpancrasschool.co.uk

ATTENDANCE

WHY IS IT IMPORTANT?

ABSENCE FROM SCHOOL

Children are required by law to attend school 190 days per year. The Government states that every pupil's attendance should be at least 95%.

How do YOU measure up?

Attendance	Days Absent	Weeks Absent	Lessons Missed
95%	9 Days	2 Weeks	50 Lessons
90%	19 Days	4 Weeks	100 Lessons
85%	29 Days	6 Weeks	150 Lessons
80%	38 Days	8 Weeks	200 Lessons
75%	48 Days	10 Weeks	250 Lessons
70%	57 Days	11.5 Weeks	290 Lessons
65%	67 Days	13.5 Weeks	340 Lessons

89% & Below
Drastic effect on
academic achievement

95% - 90%
Cause for
concern

100% - 96%
Excellent



PE links & resources to help keep children and adults active at home

Please see below a number of useful PE links & resources to help keep children active whilst at home. The first 5 will help you with our curriculum PE at St Pancras.

England Athletics and funetics

Fun activities based on core movement skills

[https://funetics.co.uk/for-parents/funetics-activity-videos/?](https://funetics.co.uk/for-parents/funetics-activity-videos/?utm_source=emailmarketing&utm_medium=email&utm_campaign=f_athletics_and_running_for_everyone_home__edition_1&utm_content=2020-04-03)

[utm_source=emailmarketing&utm_medium=email&utm_campaign=f_athletics_and_running_for_everyone_home__edition_1&utm_content=2020-04-03](https://funetics.co.uk/for-parents/funetics-activity-videos/?utm_source=emailmarketing&utm_medium=email&utm_campaign=f_athletics_and_running_for_everyone_home__edition_1&utm_content=2020-04-03)

Cricket (will help with your catching and throwing skills)

Chance to Shine will be running weekly 'Skills Challenges' – more to be added

Cool Catcher challenge: <https://youtu.be/1pUilVjuL0I>

Bowling challenge: https://www.youtube.com/watch?v=ceg-9Y_0dfk

Super striker: <https://www.youtube.com/watch?v=AfYM6RZUERg>

Flat catching challenge <https://www.youtube.com/watch?v=Idg4Qy5Eq28>

Ipswich Basketball

Home basketball training sessions – more to be added:

Workout 1: <https://youtu.be/O3rf93XUcbA>

Workout 2: <https://youtu.be/Spe2JjSIJYE>

Gymnastics (GymnasticsWithMax)

Gymnastics with Max Whitlock (every Tuesday and Thursday at 3.30pm – started last week)

<https://www.youtube.com/channel/UCu-rJFVlr7ZAZ0en3RRALPw>

Dance

Oti Mabuse and Marius Iepure dance classes for children (Harry Potter, Lion King etc..)

https://www.youtube.com/watch?v=btD_HCO1FT4

PE With Joe - Workout videos with Joe Wicks (The Body Coach) Mon-Fri 9.00am.

The Body Coach TV - These are Joe Wicks' workout videos, which also include challenges such as the 7 day sweat challenge.

<https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>

Cosmic Kids - Yoga videos through story themes

<https://www.youtube.com/user/CosmicKidsYoga>

imoves

Daily activities for children to participate in – active blasts and mindfulness

<https://imoves.com/the-imovement>

Sport England

Tips, advice and guidance on how to keep or get active in and around your home. Join the Movement. Scroll down to find all the free video content and activities - half way down the page.

https://www.sportengland.org/stayinworkout#get_active_at_home

https://www.sportengland.org/stayinworkout#get_active_outdoors

eg NHS workouts

Disney workouts

Active Suffolk

www.activesuffolk.org/covidschoolsupport

10 TOP TIPS

REMOTE LEARNING FOR PARENTS

Remote learning can be a great way to continue learning outside the classroom, particularly in difficult circumstances. For parents and carers, the idea of remote learning isn't always straightforward and there can be a number of factors they need to consider, especially around ensuring their children feel comfortable and are familiar with the whole concept. That's why we've created this guide to help parents and carers support their child in getting the most out of their remote learning experience.

1) Take an active interest in your child's learning

As a parent or carer, remote learning will be a new concept for your child and there are bound to be a few teething problems to start with. Take an active interest in their learning and help support them whenever they need a helping hand.



2) Monitor your child's communication and online activity

It's important to remind your child that despite being at home, the same level of behaviour and conduct exists as if they were at school. Encourage them to remain polite, remember their manners and not to post or send any negative comments just because they are behind a computer.



3) Establish a daily schedule and routine

Working from home and trying to learn in a more casual setting that children might associate more with play and a degree of freedom might take a bit of getting used to. Try to stick to a daily routine and use the timetable/schedule that schools have sent home to help children keep on top of their daily learning.



4) Encourage screen breaks away from devices

Remote learning will inevitably require more interaction with computers, laptops and tablets. Teachers will invariably advise on screen breaks however it doesn't hurt to keep a check on their time online or encourage them to get some fresh air/exercise.



5) Ensure your learning device is in a public space in the home

It's important to consider where your PC or laptop is placed if live video is being used. Try to keep the background neutral with no personal information visible and move learning devices out of the bedroom as this could be deemed inappropriate.



6) Implement safety controls and privacy restrictions on apps and software

Dependant on how your school implements remote learning, your child may be required to download certain software or apps. Whilst these are likely to be relatively safe to use, like any other new app or platform, parents should still implement safety controls as a precaution.



7) Ensure your child only uses official school communication channels

It's important that all communication with teachers and school staff is directed through approved school channels, whether that be through the school's online portal or the relevant secure messaging site.



8) Familiarise yourself with relevant school policies

Schools should have a policy on remote learning and direction that they can share with parents. Familiarise yourself with this and ensure you know what is expected of teachers and your child during lessons, both online and offline.



9) Maintain feedback with teachers

Engage in communication with teachers where possible and try to feed back progress and development as well as any helpful suggestions around the learning process. Be transparent but remain professional and only use official channels to communicate.



10) Monitor your child's wellbeing and mental health

Remote learning will likely mean that your child won't get the same level of social interaction and might not see their friends for a while. Keep a check on their wellbeing and try to encourage them to get out as much as you can. Whilst learning from home might seem fun and exciting to start with, missing out on seeing their friends everyday might take its toll.

